## Session 6 Teaching Procedures: Teaching Cases

## CASE 1: Teaching procedures – drawing blood cultures

### Information for the resident teacher:

You are the night float resident on your inpatient service. A third-year medical student who you've never met before has asked you to teach how to draw blood cultures. You have heard that the student is performing well during the rotation. The student is going to meet with you for the next 10 minutes to learn from you how to draw blood cultures. You can let the student practice on your arm (without the needle, of course). There are blood-drawing supplies as well as newsprint and markers. There is also a brief information sheet (below):

#### DRAWING BLOOD CULTURES

- 1. Take outer caps off blood culture bottles (aerobic + anaerobic)
- 2. Prepare 2 separate venipuncture sites with povidone iodine (preferably on limbs, not central lines, at least for routine cultures)
- 3. Perform sterile venipuncture and collect ~20 cc per site for adults, ~5-10 cc per site for children (less for neonates)
- 4. Without changing needles, split sample between the two bottles, then invert bottles to mix samples with culture medium.
- 5. Use a new needle for each venipuncture. Two separate sets of cultures are generally drawn, sometimes more in adults.



## CASE 1: Teaching procedures – drawing blood cultures

#### Information for the "student":

You are a third-year medical student on an inpatient primary care rotation. In general, you are doing well in the rotation. You have never gotten to draw blood cultures before and you would like to learn so you can help out with a real patient later in the rotation. So you asked if the night float resident, who you've never met, could teach you tonight because it is a quiet night on call for both of you. At the start of the session, you wait for the resident to say how the session will run. You do not volunteer any other information except to answer any specific questions the resident may ask.

-----

- If the resident asks what you know about drawing blood cultures, you say you know it must be done in a sterile manner but you don't know the exact procedure. You do know how to draw blood.
- If the resident asks what your goal is for this session (or what you want to get out of the session), you say that you hope that by the end of the session you will be ready to draw blood cultures from a real patient next time it's needed.
- If the resident shows you on his or her arm how to draw blood cultures, you participate enthusiastically.
- During practice, you do most things right but 1-2 things wrong (e.g., you show problems with sterile technique).

• If the resident asks if you have any questions, you ask whether it is still worth drawing blood cultures if the patient is no longer febrile.

### CASE 2: Teaching procedures – Incision and drainage of an abscess

**Information for the resident teacher:** You are supervising a third-year medical student in urgent care clinic. You and the student are about to go see an afebrile, well-appearing patient whom you know has a moderately small skin abscess on the forearm that will require incision and drainage. While the medical assistant gets the patient ready to be put in the room and collects the supplies you asked for, you have 10 minutes to go over with the student how s/he is going to do this procedure. Right now, you have an opened sample I & D tray which is kept in the clinic for teaching purposes.

### INCISING AND DRAINING AN ABSCESS

- 1. After informed consent, examine patient and clean area with iodine.
- 2. With sterile technique, use needle and syringe to aspirate pus and verify abscess. The aspirate can be sent to laboratory for microbiology testing.
- 3. Open abscess with scalpel and express contents, exploring abscess with cotton-tipped swab or blunt forceps to be sure all pus is expressed.
- 4. If abscess cavity is large, can pack with thin iodoform gauze strip.
- 5. Clean area and apply dressing, applying antibiotic ointment if desired



## CASE 2: Teaching procedures – Incision and drainage of an abscess

**Information for the "student":** You are a third-year medical student just starting an outpatient primary care rotation. It's the first week of the rotation so you are still getting accustomed to how the clinic works. You have heard that the first patient in urgent care clinic today has a skin abscess that requires incision and drainage. You have never seen this procedure performed before but you like procedures and you would really like to try doing the I&D "hands on" today. You ask if the resident can go over the procedure with you beforehand.

- If the resident asks what you know about doing an incision and drainage of an abscess, you say that you have read the section about this procedure in the procedures textbook kept in the residents' room. (So your knowledge base is fairly good for this procedure, although you have no real-life experience with it.)
- You're happy if you get to start applying what you've read right away, but if the resident starts with a mini-lecture, you feel impatient and want to start practicing.
- If the resident asks what your goal is for this teaching session, you say that you hope that by the time you go in to see the patient together that you will be ready to do most of the I&D under the resident's supervision.
- If asked about your learning style, you're a visual, "hands on" type of learner. You appreciate it if the resident asks you to say aloud all steps of the procedure.
- If the resident shows you how to do the I&D (e.g., practicing on his or her arm, without sharps, of course!), you participate enthusiastically.
- During practice, you do most things right but after you incise the "abscess" you stop there and forget to probe the abscess or express the pus from it.
- If the resident asks if you have any questions, you ask what the role is for systemic antibiotics in skin abscesses.

# Checklist for Giving Feedback on Teaching Cases: Teaching Procedures

# The 3-step model for teaching procedures

Co	ognitive pnase/~wny~:									
1.	Did the resident ask about your prior experience with this procedure?									
	No	Somewhat	Yes							
2.	Did s/he evaluate what you a contraindications, risks, bene		e procedure (including indications,							
	No	Somewhat	Yes							
3.	Did s/he help you bring up as you've done the procedure be		were having with the procedure, if							
	No	Yes	Not applicable							
4.	Did s/he explain why learnin	g this procedure will l	help you in your training?							
	No	Somewhat	Yes							
Co	ognitive phase/"how":									
5.	Did the resident effectively e	explain and demonstra	te how to do the entire procedure?							
	No	Somewhat	Yes							
6.	Did s/he explain how this pro	ocedure is similar to a	nd different from other procedures?							
	No	Somewhat	Yes							
7.	Did s/he use his or her arm a	s a model, or write on	the newsprint?							
	No	Somewhat	Yes							
De	evelopmental phase:									
8.	Did the resident watch while	you demonstrated the	e procedure?							
	No	Somewhat	Yes							
9.	Did s/he provide specific pos	sitive feedback that sh	owed what you did right?							

	No	Somewhat	Yes					
10. Did s/he provide corrective feedback that showed what you need to change?								
	No	Somewhat	Yes					
Getting re	eady for the auto	omated phase:						
11. Did th learnir		aggestions for improvement	and explicitly encourage further					
	No	Somewhat	Yes					
12. Did s/l them?	he ask you to defi	ne your own learning needs	and ways you would like to address					
	No	Somewhat	Yes					
13. Did s/l	he arrange for a fo	ollow-up session with you?						
	No	Somewhat	Yes					
Other teach	ing skills							
14. Did the rediscussion		en to you and look at you w	ithout interrupting or dominating the					
	No	Somewhat	Yes					
15. Did s/he tı	reat you with resp	pect, introduce him/herself, u	use your name?					
_	No	Somewhat	Yes					
16. Was the se	ession paced well	without dragging out or see	eming rushed?					
	No	Somewhat	Yes					
17. Did the reshould be		te the goals of this session, a	and discuss what your future goals					
	No	Somewhat	Yes					



# **Evaluation: Teaching Procedures Session**

Please rate the quality of your learning experience with each part of this session, using the key below. A score of 4 indicates an average learning experience compared with the rest of your residency training.

1	2	3	4		5		6		7
Not acceptable	Needs some improvement	Fair	Good		Very	good	Excel	lent	Wow!
1. Mini-lectur	re on teaching p	procedures	1	2	3	4	5	6	7
2. Teaching procedures practice cases				2	3	4	5	6	7
3. Large grou	ussion	1	2	3	4	5	6	7	
4. Teaching j	procedures ses	sion	1	2	3	4	5	6	7

What did you like best about this session?

What could be improved about it?

What will you do differently after having participated?